Number 71

BAR HILL NEWSLETTER

1st September 1974

New Residents

We welcome this month:

Mr. and Mrs. Lawson, 131 Pheasant Rise.

Bicycles

Cyclists (and their parents) are reminded that Village footpaths are intended for pedestrians. Please take the greatest care when cycling, and always give way to people on foot; accidents and near-accidents are not infrequent.

Newcomers

Our first meeting in September is on the 12th with a Speaker from Oxfam and on the 26th we will have a Bring and Buy Afternoon. Our meetings are open to all in Bar Hill, in the Church Centre from 2.00 p.m. with a Creche provided for the under-5s, tea, raffle, etc. STOP PRESS: WALLIS FASHION SHOW Oct. 23rd 8.15, Church Centre. Tickets on sale soon.

Living and Working with the Under-Fives

Starting on September 24th Swavesey Village College is running a ten-week course for anyone interested in small children (irrespective of having them or not). The course will include practical evenings (bring an apron), speakers, discussions and films. So if you are free on Tuesday evenings, why don't you come along?

8 O'Clock Club

Our next meeting is on Thursday, 12th September when we have a Fabric Demonstration presented by Eaden Lilley's of Cambridge. So all you home dressmakers, come and see what the new winter fabrics have to offer. We are also collecting the annual subscriptions on that evening, 50p. Non-members will be charged 15p per meeting. Hope to see you all on the 12th.

Red Cross Cadet Unit

Enrolment night: Wednesday, 18th September, Bar Hill School, 6.30 to 8.

The Royal British Legion

Social and Dance: Saturday, 21st September in the School, 8 p.m. till midnight. Licensed bar and refreshments. Tickets 60p each from Newsagent.
Next meeting: Wednesday, 18th September, 8 p.m. in the School.
A.G.M.: date to be fixed for October. All new members are welcome.

Playgroup

Thank you to all the people who responded to last month's request for various things. We are still collecting them, plus the following: nylon net curtains, tights, and especially old headdresses for bridesmaids or brides, or artificial flowers (not plastic). Please take anything to either Chris Sherratt, 34 Oatlands Avenue or Janet Bishop, 18 Acorn Avenue. We are also collecting Bric a brac. If you are moving before Christmas, perhaps you will unearth unwanted objects. If so, the Playgroup would be very grateful for them.
Toddler Club starts again on 20th September. Due to a fall in attendance, there will be Toddler Club on Fridays only this term.

1st Bar Hill Scout Group

Now that the summer holidays are all but over, the various sections will be starting up again. All meetings are now held in the Church Centre, beginning as follows:

Cub Scouts - B Pack - Tuesday, 10th September, 6.30 p.m.
Cub Scouts - A Pack - Friday, 13th September, 6.30 p.m.
Scouts - Friday, 13th September, 7.30 p.m.

Should your son be interested in joining either the Cub Scouts (8 - 11 years of age) or the Scouts (11 - 16), you should contact one of the persons listed below:

Cub Scouts - Tuesday night, Mrs. K. Brown, 49 Acorn Avenue. 80317.
- Friday night, Mr. G. Craske, 34 Partridge Drive. 80570.
Scouts - Friday night, Mr. J. Bulger, 34 Acorn Avenue. 80292.

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Waste Paper

The Scouts' next collection will be on Saturday, 14th September, and once again we would like to thank all those who have supported this venture. It has been brought to our notice that one or two houses have been missed and we regret any inconvenience this may have caused. We do try to make sure that the boys have picked up all the papers put out, but cannot of course check every house. Please do try to have your papers out by 9.30 on Saturday morning, and put them in a prominent place.

Letter to the Editor

Dear Sir,

This morning, my Council and I held a meeting at 8 o'clock at the road exit from the Village, with the Assistant County Surveyor and the chief of the Road Construction Unit. The purpose of this meeting was to observe and discuss the dangers of the junction, and the lengths to which some of our inhabitants go to get away from our Village.

We would therefore like to award full marks to the man who gave us an impromptu demonstration at about 8.30. Just as the Deputy County Surveyor was pacing out the width of the carriageway, this driver, tired of waiting behind a van which was at the head of the queue, swung sharply to the left and right so as to align himself on the starting line, on the nearside of the van. Winkers ablaze, he then squealed out of the exit towards Cambridge, taking the centre lane with its pretty diagonal markings, owing to a plethora of traffic in the other two lanes. I will not describe his attempt to enter the left-hand lane, as it took place outside the parish boundary. He must have been a well-known motorist, because so many other drivers waved at him.

He demonstrated our point. We cannot reward him for this, as we were too surprised to identify him. However, I am sure that if he continues to practise his art, he will be rewarded in heaven very soon.

Yours faithfully, Rodney Dale, Chairman,
Bar Hill Parish Council

13th August 1974

Bar Hill Ballet Classes

Letter from Mrs. M. Singh, A.N.A.T.D.(Hons.)

I would like to take this opportunity to tell you something of the ballet classes which have been running for just over a year. There was an enormous response from enthusiastic children, and most of my original little band are still faithfully plodding on. Their progress is such that I am extrement proud of them: they have already reached through sheer hard work a high standard which caused favourable comments by prominent ballet officials who watched last term.

My aim is to teach them not just the technique of Russian ballet, but also a general awareness of body poise, interpretations of natural movements to music and expression through mime. It is important that a child wants to dance, regardless of her capabilities, even if with two left feet - it doesn't matter, providing that she is happy. If any parent would like her daughter to have more individual tuition or would like to know her weaknesses and such specifically, I would be more than happy to help.

Regular classes - especially for the older girls - are important - because ballet is repetition and discipline; muscles require both in order to progress and develop. For many this is not easy to understand. My infant children are a "Treat" and I hope that they will continue to do as well.

I would welcome new pupils next term but will have to be selective to some degree as I have found several new pupils have come once or twice only, with no notification of their leaving; as you can appreciate, it is disconcerting to have a full class one week and half a class the next. Travelling to Bar Hill and hiring the hall is possible only with a consistent number of regular pupils, so I hope you will all try to keep it going. Thank you parents for all your help and support and well done girls. I look forward to next term.

Maureen Singh, 1 Pryor Close, Milton (tel. 860102)

Classes begin Tuesday, 10th September, 4 p.m. in the School. Please enrol then, or contact Mrs. Singh as above. Fees £3.50 for 14 week term.

Pianist wanted to accompany the ballet lessons in the School. Good rate of pay. This job might well suit a retired person. Please apply without delay to Mrs. Singh.

WEA Classes

Classes in Cambridge this year will include Philosophy; Henry James and Virginia Woolf; The Changing Economic Scene (all daytime, last two with creche) - and very many more evening classes. For further details contact Gillian Wills, 45 Acorn Av.

Yoga

Classes will be held on Tuesdays in the Church Centre, 10 a.m. - 12. The following extracts from a letter by our instructor, Mr. Bob Roberts, give an idea of the aims and practices of this 4000-year old health culture:

"..Yoga may be practised by men and women of all ages, and it is NEVER too late to make a start. It is non-competitive, and one is encouraged to work well within one's range. Everyone is interested in achieving a strong, supple, healthy body; calm nerves; mental balance, and peace of mind. This is living!..No matter how tense and tired you are at the beginning of a session, at the end you are left with a feeling of well being and refreshment. Here is an outline of Yogic culture:

1) Rhythmic, dynamic exercise to warm and tone the body and tune in the mind. 2)Scientific breathing to balance, calm and refresh. 3) Progressive Yoga postures to stimulate all internal systems and glands and lend strength and flexibility to the body. 4) Early steps to meditation to aid concentration, memory and mental balance. 5) Mantra Yoga (Yoga of sound) to stimulate energy centres and aid breath control. 6) Deep and completerelaxation to leave mind, body and spirit calm, energised and refreshed.

..Not a culture that we master in 12 weeks, but a way of life ... no previous knowledge necessary. The only apparatus required is your mind, and something to lie down on (foam rubber is ideal, as it will not slip)."

Do come and find out for yourself.

Parish Council

No Meeting was held in August, but the next Meeting will be held on 17th September at 8 p.m. in the School. See notice board for the Agenda.

New Councillors The two vacancies on the Parish Council have been filled from the applicants. The two people appointed are: David Morgan, 11 Partridge Drive (80071) and Nigel Martin, 41 Oatlands Avenue (80554). We were very grateful to the two unsuccessful applicants for their interest; a complete list of Councillors is on the notice board.

A604 Junction As a result of a meeting with the Deputy County Surveyor we are hopeful of some further improvements being made to this junction.

Planning Applications Two applications have been commented upon: (a) Andrew McCulloch, to install new shop front. This was welcomed. (b) Cambridgeshire Hotel, to build a Conference Centre on the Golf Course side of the Hotel. This was objected to in view of the increased traffic which would use the present inadequate A604 junction.

Play Equipment We are sorry for the mud that may have been brought home by some of the children. However, it is good to see the start of the Play Area. If anyone has specific suggestions for the next items to be installed, please contact any Councillor before the next Meeting.

Allotments An approach has been made in the last week to the Developers for their agreement to the land being made available before legal formalities were completed. At present there is no definite agreement as to the precise area of land which would be used, nor of the timing of its availability. We are very mindful, though, that there is a strong demand for land. The setting up of any waiting list has not yet been decided upon, but will be well publicised when the decision is made.

New Electoral Arrangements Details of the District Council's proposals for changing electoral arrangements are available with the Parish Clerk. As far as this Parish is concerned, the proposals will give two District Councillors for the Ward of Bar Hill and Oakington (instead of one, as at present).

Citizens' Advice Bureau has moved to 31 Regent Terrace, Cambridge (facing Parker's Piece, next to the University Arms Hotel).

M. Pettit, Clerk, 28 Acorn Avenue (80400)

BHRA: From the Secretary's Notepad

(We apologise for compressing this item - Editor)

Committee Membership Following our appeal for new members of the Bar Hill Residents Association Committee, George Clapinski, 133 Pheasant Rise was formally co-opted at our last meeting; we welcome him to our ranks. Amenity Charges We thank residents who gave us their views on the proposed alterations; one useful suggestion is that as the "amenities" are there for all, we should all pay the same fee; further suggestions or comments are invited, as soon as possible, please. Please If you see anyone (a) removing newly planted shrubs, etc., from amenity areas in Phase 3 (b) damaging uncompleted houses - notify the Police and the Information Centre. And please don't let your dog roam the Village defecating on the amenity areas and playing field, where children are expected to play. Remember- all damage and pilferage has to be paid for eventually by someone, and we all know who that is! Village Park Our thanks to Mr. Barnes for clearing up the area round the slide. We are seeking ways of diverting water draining the bank, to leave the slide clear of mud. Dates for your Diary Friday, 1st November: Hallowe'en Dance; Tuesday, November 5th: Village Firework Party. What is it? Opinion is divided as to the work being done at the Village entrance, and your suggestions are invited; winning entries will be published in next month's Newsletter - meanwhile it may be helpful to send a small donation to: Kevin Read-Jones, Secretary, 23 Fox Hollow (80384)

LOCAL TRADE NEWS

HOBARD LTD

Lucky draw this month! Free draw tickets!

A draw ticket will be given with every 50p spent in the shop for your chance to win-

Ist prize - Yardley Khadine gift casket
retail value over £6.00.

2nd prize - Max Factor make up box
retail value over £2.00.

Have you tried our Green Spirit toothpaste yet? At IOp large size and I4p giant size this is top value.
We offer at least IOp in the £I.OO off all hair care products
Tights at I9p pair range of colour shades.
Mums! We now have COW & GATE V FORMULA baby food in stock.

THE IN PLAICE

In answer to those people who have enquired about the sale of wet fish and shell fish we hope to be able to cater for this trade in October.

BAR HILL D.I.Y. CENTRE

This month's special offer -

90 ft. rotary clothes airer plus free bag of sand and cement £5.40.

Decorating?

Full range of "Poly" products

Polycell	Polywash
Polyfilla	Polystrippa
Polyclens	Polyfix

et. etc.

DON'T FORGET 20% PERMANENTLY OFF ALL DULUX PAINTS

BERYL'S

CRESTA CLEANING now at Beryl's.

in by 5.00 p.m. Saturday - back by Thursday
in by IO.00 a.m. Thursday - back Tuesday morning.

HAND KNITTING AND CROCHET done to order.

BAR HILL SCHOOL OF MOTORING

We offer most competitive rates to clients who can be collected at their homes.
Contact evenings and weekends - 7 Acorn Avenue, telephone 80590

Lessons anytime